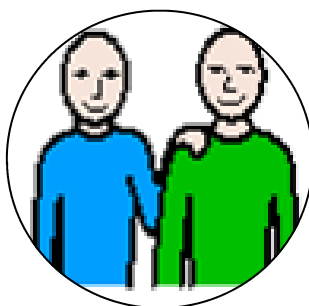


# Moving Forward Project



*Promoting life skills and independence in young  
people aged 12 - 18 years old with a learning  
difficulty or disability*



**Barnardo's Moving Forward Project**

**South East and Anglia Regional Office, Unit 1 Satellite Business  
Village, Crawley, West Sussex, RH10 9NE**

 **01293 610 692**  **[moving.forward@barnardos.org.uk](mailto:moving.forward@barnardos.org.uk)**

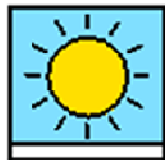
Barnardo's Moving Forward Project is working with West Sussex Short Breaks to offer fun and inspiring life skills activities for young people aged 12-18 years old who have a disability or learning difficulty living in West Sussex.



Staff have over 15 years combined experience of working with young people who have a variety of disabilities or learning difficulties.

Staff are DBS checked and receive mandatory training in child protection, safeguarding, data protection, health and safety, equality and diversity as well as specialist training in basic and epileptic first aid, food hygiene and communication such as Makaton, IIT and PECS.

# FUN DAYS OUT WITH A TWIST

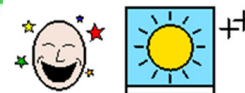


# TWIST

Fun days out with a twist comprise of different days out with a different life skills focus. The service will support young people in becoming more independent, build their confidence and expand their social circle whilst having fun.

Sessions are either 3 hours or 6 hours long and take place across West Sussex.

# FUN DAYS OUT WITH A TWIST



Activity	Date	Venue
<b><u>Swim and picnic in the park</u></b> Enjoy a swim at Pavilions in the Park before chilling with friends over lunch.	Thursday 26th July 10.30am-3.30pm Price: £22 (Packed lunch required)	Pavilions in the Park Hurst Rd Horsham RH12 2DF
<b><u>Bowling and Creams (Crawley)</u></b> Fancy a game of bowling and grab a delicious dessert at Creams? Then come along and have a great day out	Tuesday 7th August 10:00am-4:00pm Price: £22 (Packed lunch required)	Pick up and drop off Hollywood Bowl Crawley Leisure Park London Rd, Crawley RH10 8LR
<b><u>Friday Lunch Club</u></b> Learn how to keep within a budget and enjoy a meal out with friends at Pizza Hut	Friday 10th August 12:00pm-3:00pm Price: £20	Pick up and drop off Pizza Hut Crawley Leisure Park London Rd, Crawley RH10 8LR
<b><u>Friday Lunch Club</u></b> Learn how to keep within a budget and enjoy a meal out with friends at Bill's	Friday 17th August 12:00pm-3:00pm Price: £20	Pick up and drop off Bill's Restaurant Market Square Horsham RH12 1EU
<b><u>Friday Lunch Club</u></b> Learn how to keep within a budget and enjoy a meal out with friends at Nando's	Friday 24th August 12:00pm-3:00pm Price: £20	Pick up and drop off Nando's Crawley Leisure Park London Rd, Crawley RH10 8LR
<b><u>Brunch and Cinema</u></b> Enjoy brunch at Harvester before chilling at an afternoon viewing of a film. Bring your pocket money for some popcorn.	Thursday 30th August 10:00am-4:00pm Price: £22	Pick up and drop off Cineworld, Crawley Leisure Park London Rd, Crawley RH10 8LR
<b><u>Friday Lunch Club</u></b> Learn how to keep within a budget and enjoy a meal out with friends at Cote Brasserie	Friday 31st August 12:00pm-3:00pm Price: £20	Cote Brasserie 1 East street Horsham RH12 1HH

## **BARNARDO'S ACTIVITIES WEST SUSSEX SHORT BREAKSBOOKING FORM**

Please complete all sections and return to the address on the front of this flyer as soon as possible together with your payment. Please speak to a member of the team around concerns or questions re: payment.

### **CONTACT DETAILS**

Service user name.....

Parent/carers name.....

Phone No..... Mobile.....

Email.....

### **Fun Days out With A Twist — Summer Program**

Swim and Picnic in the Park Thursday 26th July £22 ☐

Bowling and Creams (Crawley) Thursday 7th August £22 ☐

Friday Lunch Club at Pizza Hut Friday 10th August £20 ☐

Friday Lunch Club at Bill's Friday 17th August £20 ☐

Friday Lunch Club at Nando's Friday 24th August £20 ☐

Brunch and Cinema Thursday 30th August £22 ☐

Friday Lunch Club at Cote Brasserie Friday 31st August £20 ☐

### **PAYMENT DETAILS**

Total price = £.....

Please note that full payment is required four weeks (28 days) before delivery of activity. You can pay by: cash or cheque (cheques made payable to Barnardo's).

Contact details of person responsible for making payment

Name..... Address.....

..... Post code.....

Phone No..... Mobile.....

Email.....

### **BOOKING TERMS AND CONDITIONS**

1. Bookings are only confirmed once payment has been made
2. Refunds are only available in exceptional circumstances
3. If your son/daughter is unable to attend, you must inform a member of the team

I have read and understood the above terms and conditions:

Signed..... Date.....